

What is covered?

As of January 2000, your health plan must cover:

- ✓ Diabetes Self-management Training and Education
- ✓ Medical Nutrition Therapy
- ✓ Blood glucose monitors, lancets, lancet devices & strips
- ✓ Insulin Pumps & Supplies
- ✓ Urine ketone testing strips
- ✓ Insulin syringes & insulin pen delivery systems
- ✓ Podiatric devices to prevent or treat related complications
- ✓ Visual Aids to assist visually impaired persons with proper dosing & insulin administration

To learn more about this law, contact:

American Diabetes Association
(800) DIABETES
(800) 828-8393 Western Division
www.diabetes.org

California Diabetes Control Program
(916) 445-2547
www.dhs.ca.gov

To find Certified Diabetes Educators (CDE's), Registered Dietitians (RD's) and programs, contact:

American Association of Diabetes Educators
(800) TEAM UP 4
www.diabeteseducator.org

American Dietetic Association
(800) 366-1655
www.eatright.org

For general information about diabetes:

National Diabetes Education Program
(800) 438 5383 www.ndep/nih.gov

National Diabetes Information Clearinghouse
(301) 654-3327
www.niddk.nih.gov

Coverage for Diabetes Training & Supplies

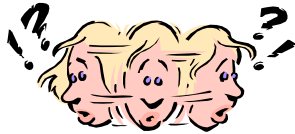


It's now the LAW in California

Regarding SB64, Chapter 540,
Statutes of 1999

How is diabetes education covered?

This varies from one health plan to another. A physician's order is usually required to initiate the process. Some plans require pre-authorization. To find out what steps your insurance company requires to get coverage for diabetes education and medical nutrition therapy, call the phone number listed on your insurance card or check your health care benefits manual.



Questions?

How are diabetes supplies covered?

Plans must cover diabetes supplies, including blood glucose monitors, test strips, urine ketone strips and lancets, if prescribed by your physician. Companies generally reimburse diabetes supplies under either your pharmacy benefit or durable medical



Call your insurance company!

equipment benefit. Call the phone number on your insurance card to find out how your company provides this coverage.

Who is covered under SB64?

Californians covered by private, group or HMO plans.

Who might *not* be covered under SB64?

Medicare, MedCal Fee for Service and self funded (ERISA) Plans.

What do I do if my health plan denies coverage?

- ⇒ Write down the date of your call & the name of the person with whom you speak
- ⇒ If that individual can't help you, ask to speak to a supervisor
- ⇒ If you feel you are wrongly denied, ask the health plan how to appeal
- ⇒ If you do not get an answer in 30 days or are denied, you may contact the HMO Help line, www.HMOhelp.ca.gov or (888) HMO-2219 or Department of Managed Health Care 800-927-4357.

Frequently Asked Questions

Q: Will my diabetes supplies, education and medical nutrition therapy be free?

A: No. These services must be covered but they do not need to be offered free. Your health plan will likely charge a co-pay, reduced cost or percent of the cost of the services.

Q: Are prescriptions needed for supplies, equipment, outpatient education and medical nutrition therapy?

A: Yes. Prescriptions must be written by a participating physician in your plan.

Q: Will medications and insulin be covered?

A: Yes, but only if your plan includes benefit prescription coverage.

Q: Who can provide self management training?

A: Must be provided by appropriately licensed or registered health care professionals such as those who are certified diabetes educators (CDE). Registered Dietitians (RD) provide Medical Nutrition Therapy.